



*Orthopedics and Pelvic Health*  
 Joy Backstrum, PT Katie Piraino, PT  
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 Anchorage, Alaska 99508

<b>Name:</b>		<b>Date:</b>	
<b>Date of Birth:</b>	<b>Height:</b>	<b>Weight:</b>	<b>Male      Female</b>
<b>Occupation:</b>		<b>Hobbies:</b>	

**Have you or an immediate family member ever been diagnosed with:**

	Family		You	
Cancer	N	Y	N	Y
Low/High Blood Pressure	N	Y	N	Y
Diabetes	N	Y	N	Y
Heart Disease	N	Y	N	Y
Angina/chest pain	N	Y	N	Y
Stroke	N	Y	N	Y
Arthritis	N	Y	N	Y

**Do you have a history of:**

Nausea/vomiting	N	Y
Fever/Chills/Sweats	N	Y
Unexplained weight change	N	Y
Numbness or tingling	N	Y
Muscular weakness	N	Y
Fainting spells	N	Y
Dizziness	N	Y
Night pain	N	Y
Bowel or bladder changes	N	Y
Headaches	N	Y

**Have you had or do you experience:**

Shortness of breath	N	Y
Allergies	N	Y
Asthma	N	Y
Bronchitis	N	Y
Kidney disease/stones	N	Y
Polio	N	Y
Emphysema	N	Y
Anemia	N	Y
Rheumatic fever	N	Y
Ulcers	N	Y

<b>Have you had any recent illness, including respiratory infections or urinary tract infections?</b>	N	Y	Explain
<b>Do you smoke?</b>	N	Y	If Yes, how many packs a day? How long have you smoked?
<b>Do you drink alcohol?</b>	N	Y	How many drinks each day
<b>Do you consume caffeine?</b>	N	Y	How often?
<b>How often do you feel stress is a significant factor in your life?</b>			Never Seldom Occasionally Regularly Always
<b>Do you exercise regularly?</b>	N	Y	If Yes, what type and how often?

**Have you had any surgery? Please list with approximate dates.\***

**Any injuries or medical history?\***

**Please list any medications you are taking:\***

\* Please write & attach a separate list if necessary.